

How to Deal with Geopathic Stress – Is There Anything Like “Absorbents?”

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Geopathic stress is a major issue in my clinic. You find geopathic stress zones all over the world, and you can distinguish cracks, gaps, waterruns, cross lines, etc. I am a practitioner and not a dowser, and that's why I focus mainly on the symptoms caused by geopathic stress, not so much on the distinction of the different zones. I can find geopathic stress in a person by a simple muscle test. If a strong person puts the “Geovita” vial (*a homeopathic mixture of several ingredients that are present in geopathically disturbed places, like iron, copper, formic acid, etc.—part of the basic testkit of Rubimed AG*) in his or her hand, and the person becomes weak with the vial in hand, I can say right away that this person has a geopathic stress problem—and has to change his or her bedplace.

Many symptoms, like bedwetting in children, sleeping disorders, chronic fatigue, depressions or anxieties can be traced down to geopathic stress in many cases, but it's also chronic back pain, migraines, arrhythmias, fibromyalgia, infertility, multiple sclerosis and cancer that can be triggered or worsened by geopathic stress over the years.

Therefore my first interest is to offer practical solutions for these geopathic stress disorders to my patients, and teach them ways how to deal with these factors deriving from the earth. I am well aware of the fact that humans tend to be lazy, that they want to keep things the way they were and don't want changes. So if I advise someone to move their beds from the geopathic spot to a different place, patients will not always agree—and I hear all kinds of excuses, like the room is too small, the bed couldn't be moved because of its size, or it wouldn't look nice!

In one of these cases I decided to make an experiment to check if one of the many “geopathic stress absorbents” on the market would turn out to be effective. The patient whose geopathic stress zone hit his pelvis and lower abdominal region was not willing to move his bed. His symptoms were according: chronic prostate problems, sleeping disorders, nightmares, chronic pain in his hips and lower back pain.

When I tested him with the Reba machine to check his energy levels in October, 2001, I found out that he had a **vital energy of 70%**—quite fine, but not the ideal 100%. His emotional energy was down to 50%, which matched perfectly to his slight depressions. His mental level of concentration ability and brain activity was at 100%.

His blockages, or “energy robbers,” as I call them, where first the already mentioned geopathic stress zone, but secondly a disturbance in his autonomic nervous system in the segment of the heart—that also influences the thymus gland, the immune system and the lungs, and has to do—speaking in emotional terms, with

faith and trust, mainly towards our fellow men.

That hit the life situation of the patient, because he wasn't trusting anyone, he had withdrawn from most of his activities and hobbies after some of his friends had died. He had fallen into a kind of depression and uneasy mood, making it hard for him to find new friends. (*By the way, this was also one of the reasons why he wouldn't change his bedplace—he didn't believe me, nor did he believe that anything on earth could ever help him*).

So I decided to give him one of the mattresses I was sent in big quantities from different companies. *These companies realized that I had written and published a book on geopathic stress in 2001 (Erdstrahlen & Co., Haug Verlag, only available as German edition) and so all of them tried to convince me that their products were the good ones, whereas all the others didn't work. They asked me to test them with the Reba machine, and tell them the results.*

Additionally, I gave him bottles of “Chavita 4” to regulate his autonomic functions in the 4th chakra.

I told him to put the mattress on his bed, and to see me again after three months. He told me that we was heading for a holiday soon, and so we agreed that he should come again, when another *three months at home* were over.

On his return he reported that he hadn't suffered from any pains nor from nightmares during his holidays. He had experienced a better sleeping quality—but all symptoms had come back after he was at home again, despite the mattress.

When I checked his energy again, his *vital readings were 60%* now—lower than before, but his emotional readings were 80%—higher than before. He still tested positive for geopathic stress. My conclusion was that the so called absorbent *mattress hadn't been able to neutralize or take away the geopathic stress zone*. I could still trace it, in the region of the pelvis and the lower abdomen, just like before.

Well, if it would have worked and been effective, I shouldn't have been able to test and find geopathic stress with the Geovita vial—but I did!

I couldn't find any other blockages in my test. This meant that the autonomic balance in the chakra 4 had been regained with the help of the Chavita 4 drops.

When I talked to my patient I could sense these changes. He was much more optimistic about his life; he appeared to be much more trusting and willing to make something out of his day.

In a next round of testings with the Reba machine *I checked the quantity of vital energy and “good mood” that was taken away from him by the geopathic stress zone*. I found out that around *50% of his vital power and another 60% of emotional power had been robbed by the geopathic stress zone*. If you turn

these findings around, it means that if I could move him out of the stress zone, his vitality should rise up to more than 100%, and so would his mood.

I told him that we hadn't managed to improve his bedplace without moving the bed, but that he had a chance of gaining a lot of energy if he decided to have his bed moved—because his potential was much higher than the one he used at the moment.

This finally convinced him, and he moved his bed to the middle of the room, the place that different dowsers had told him would be the right and best spot. He still said that it appeared somehow strange to him to have his bed in the center of the room, but my tests and his own physical experience weighed more. *(Meanwhile, a year has gone; he sleeps well without nightmares, he hasn't been complaining about back pains ever since, and has turned into a cheerful fellow. My experience over a number of years is that dealing properly with geopathic stress helps getting rid of around 40% of all symptoms!)*

There is even more; what every client can do to improve the quality of his or her bedroom:

- Remove the TV sets from the bedroom in order to reduce electrosmog.
- Remove computers from the bedroom for the same reason.
- Remove the clock radio and use a battery clock instead, for the same reason.
- Prefer wardrobes without mirrors because mirrors can reflect radiation.
- Prefer wooden beds to metal beds, because metal beds collect radiation.
- Avoid waterbeds because they need constant electricity to heat them up.
- Use as little electricity as possible in your bedroom; this includes lamps, spots, etc.
- Let enough fresh air into the room, and prefer quiet rooms to rest—noise and a lack of oxygen can disturb our sleeping patterns.
- Go to bed far before midnight and avoid late dinners or late alcoholic drinks—the stomach won't digest them, they will disturb your liver and gallbladder and will keep you awake from 11 pm to 3 am, because this is the time when liver and gallbladder are most active.

What Can You Do if You Don't Have Good Dowsers in Your Area?

You can still advise your patients to move to a different spot with their beds, and stay there for at least six to eight weeks. There is a chance of over 80% that people pick a good spot. After that time you can re-check the patient with the help of the

“Geovita vial,” and if it's no longer positive, they have picked a good place. If it's still positive, the patient has to pick another spot for the next six to eight weeks, until you can no longer test the geopathic stress as positive *(the method of trial and error...)*.

If you don't have a Geovita vial in your possession, you can test the patient's bed, too. Just do the muscle test at the patient's house, then put him into his bed for just as long as five minutes, and then muscle test him again. If he stays strong, the bedplace is okay; if his muscles test weak, then there is geopathic stress, and the bed has to be moved.

Therefore My Conclusions Are:

1. Absorbents never work—no matter what you try.
2. A good place to sleep is essential BEFORE you start any holistic treatment.

This is especially important for those patients whose regulation systems are over-stressed anyway, like cancer patients, patients with rheumatism or MS.

If my patient is not willing to move his bed to a good spot, I am not willing to invest my time, my energy and my knowledge in order to find the best-working therapy for that particular patient. This may sound extreme and cruel, but the extraordinary success we have in the clinic every day supports me—I know that I don't want too much from my patients. Moving the beds is inexpensive, not painful and helps the body gain a much better regulational capacity, and a higher potential to heal. ♦

Information about the Reba machine and how to order the Geovita vial as part of the basic testkit *(\$60 U.S. – plus p&p):*

Rubimed AG, Grossmatt 3, CH- 6052 Hergiswil Switzerland,
Tel: ++41-41-630 0888
Fax: ++41-41-630 0887
email: info@rubimed.com
internet: www.rubimed.com

You can order the Geovita drops for therapy (2 x 12 drops daily) from:

Email: s.schietecatte@homeoden.be

–please provide your credit card number, company and expiration date. You can order a bottle of 50 ml in blue glass comes for \$13 U.S. – plus p&p.

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